

Although the concept of transition is simple, the process of planning and securing transition services based on individual student needs is challenging in our complicated system of education with limited resources.

Transition Connections uses a state-of-the-art toolkit that enables a comprehensive, informed, and individualized transition process in 7 areas.

A Life Coach works with students individually or in groups and across settings.

Parent Groups are also provided.



## Transition Connections

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## Transition Connections



Focus on the  
Soft Skills for a  
College or Career  
Path:  
Social Thinking  
Competitive Skills  
Health & Wellness  
Life Skills  
Communication  
Executive Function  
The ARTs

## FUTURES PROGRAM

Curriculum has been designed in the following seven strands and Classes are on-going weekly :

**Social Thinking**  
**Competitive Skills**  
**Health & Wellness**  
**Life Skills**  
**Communication**  
**Executive Function**  
**The ARTs**

Teens and Young adults can join at any time. Topics will be presented in the strand areas and repeated often. Each strand lasts approximately 8-10 weeks.

We offer several scheduling models:

Enroll in one 60-minute class at a time in areas which need a boost;

Enroll in an intensive by taking several areas for 8 weeks;

Enroll in the entire course by coming for 4 hours two days a week.

Call for prices.

## LIFE COACHING

Staff is available to work individually with students at home and in the community.

A program is customized based on individual interest areas and needs.

Public transportation is used to access a variety of life training opportunities:

\*health clubs and parks

\*malls and movie theatres

\*doctors appointments

\*local vendors

## Support Services

Transition Connections is also a support service to inform young adults and their families regarding post high school preparation and participation. Toolkits are available in 7 areas:

Areas addressed include:

- ◇ Health and Medical Care
- ◇ Special Needs Planning
- ◇ Education
- ◇ Employment
- ◇ Housing
- ◇ Independence and
- ◇ Recreation.

Parents and young adults are invited to attend bi monthly meetings focused on these seven topics. Meetings will be rotated every other month.

Participants purchase a workbook in each area and begin research and planning.

A Transition Guide is present at each meeting to present the overview, the bullet points, and facilitate discussion.

An optional follow-up meeting will be conducted on the off-month for the group to collaborate and share their research.

Individual appointments also available.